



## WORD UP!

### **"The Holy Spirit is the Helper!"**

Do you ever have times when you just need help? (*Allow response.*) Life is sometimes really hard and you need help. If you have believed on Jesus as your Savior from sin, then you have the best Helper of all! God the Holy Spirit lives in you to help you depend on God when hard things happen and to help you grow to be more like Jesus. So when you hear your teacher say "Word Up!" stand up and say, "**The Holy Spirit is the Helper!**" (*Practice with children.*)

#### **Materials**

Word Up! Booklet  
(*See 5-Day Club kit.*)

Show the card and have the children repeat the statement: "**The Holy Spirit is the Helper!**" Tell them that anytime you call out "Word Up!" they are to shout the phrase back. Call it out during transition times, times when they are restless or just anytime!

If you want to add actions to the Word Up!, draw a circle in the air when you say "Holy Spirit." Give two thumbs up when you say "Helper."