



WORD UP!

“God can change me!”

If you are walking down the street and realize you are going in the wrong direction, what do you have to do? (*Allow response.*) You have to turn around! You have to change the way you are going. Did you know we are born living our lives going in the wrong direction? But we don't have the power to change ourselves. Only God has the power to change us. Today, you are going to learn about how God can change you. Every time one of your teachers says the phrase “Word Up!” jump up and yell, “God can change me!” Let's practice it. (*Practice with children.*)

Materials

Word Up! Booklet
(See 5-Day Club kit.)

Show the card and have the children repeat the statement: **“God can change me!”** Tell them that anytime you call out “Word Up!” they are to shout the phrase back. Call it out during transition times, times when they are restless or just anytime!

If you want to add actions to the Word Up!, raise arms above head and point upwards when you say “God.” When you say “can change,” turn around. Point to self when you say “me.”